



Newsletter JUNE 2009



SEVEN MILES OF SMILES CHARITY LONGBOARD CLASSIC

For those who were unable to attend this fantastic charity event started by John Mandybur, we thought we would publish a round-up of the results. These result run in order from 1st to 6th:



OPEN: Nick Farago, Wes Moore, Ralph Illyes, Jarred Napper, Merv Dark, Matt Maris.

OVER 40: Andrew Farago, Scott Downing, Jason Skinner, Ralph Illyes, Geoff Cater, Dave Wingate.

OVER 50: J Morrissey, Warren Holder, Merv Dark, Garry Pauley, Denis Murray, Terry Goding.

OVER 60: Peter Harves, Clive Roberts, Dave Wilson, Will Maris, Max Boys, Bob Munro.

WOMEN: Erin Dark, Tamara Sharp, C Burns, Jen Coleman, Jen Lee, Megan Fitt.

SUP: Scott Downing, B Apps, D Farago, Dave Wingate, C Henderson, Phil Mison.

OLD MAL: Matt Maris, J Napper, D Reeve, John Mandybur, Geoff Cater.



Sacre Bleu!

BY SAMANTHA KEATS

Wow, so much has happened since my last report, I don't know where to begin. Firstly, there was my trip to Paris – what an amazing journey Martin and I had. I fell in love with France and Paris and whoever said the French are rude, obviously stayed in their hotel room all day! The champagne was amazing, the people friendly, and the food to die for!

Secondly, I thought of all of you on the 2nd May and hoped you had some decent waves. By all reports it wasn't great but that's not what it was about, was it? We were able to send SurfAid a cheque for \$1444 so thank you all for your participation in this great charity event. By all reports, it was a great day and we received many compliments and congratulations and lots of "can't wait till next year's". My heart felt thanks to the committee and all those who helped make this a successful event. Thanks to John for being "me" during the day and handing out the trophies and our sponsors of the t-shirts – Seawind Catamarans (Richard Ward) and Summersalt Design Studio (me!). And lastly, thank you to Graham Sorensen and Steve Pennington for bringing their experience and knowledge to the judging and tabulating; to Gary Birdsall, Dave Milne, Kent Ladkin from Natural Necessity and Mick Morgan from Aquatique for their generous donations of prizes for the raffle.

Thirdly, we truly have some amazing surfer's in our club. Three of them representing the south coast (and Club Malnutrition) were John Mandybur, Max Boys and Erin Dark. And what an amazing effort they put in. Max and Erin both came third in their respective finals! I am so proud that they are part of this club, so please congratulate them when you see them. And even though no longer a member, past member Samantha White took out the junior womens AND the open womens. John has written a report on the other side of this newsletter.



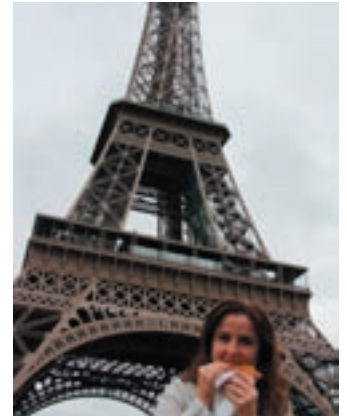
We will be running the inaugural stand up paddle board (SUP) heat which will be first cab off the rank at 7am sharp. Phil Mison is bringing an extra board in case anyone would like to have a go, either in the heat or for a free surf.

Pencil in the 12th of December for our club presentation night. The committee are still to discuss the finer details but just wanted to give you all plenty of warning so you can have that one in your diary!

Even at this late stage of the year, we are still getting new members and are over 70 members now! Welcome to all those newbies, I hope you enjoy being part of this club as much as I do and please get involved where you can – that's what makes for good times and friendships. And please come and introduce yourself to me and the rest of the members.

Don't forget the Mollymook Charity Classic coming up on the 8th and 9th of August. Quite a few members are already heading down, and it's a great way to represent this club and contribute to a worthwhile charity. The Mollymook guys supported us for Seven Miles of Smiles, so it's nice to be able to support them in return. You can download the form from the ALB website.

Till next time, au revoir!





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PROGRAM FOR 2009

Point scores

January 25	July 26
March 01	August 30
March 29	September 27
April 26	October 25
May 24	November 29
June 28	

Open Competitions

7 Miles of Smiles

Saturday 2 May
Seven Mile Beach, Gerroa

Crescent Head Classic

27 to 30 May

Presentation Night

December 12 (to be confirmed)

COMMITTEE

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FOR SALE

Samurai sword (new) with cleaning kit, \$500 ono. Phone John on 4234 2362.

8' Hydrofish surfboard, Robert August (Surftech), as new. \$1000 plus new travel cover, leg rope and tailpad. Phone John on 4234 2362.

Got something to sell? Why not use this space for free. Just email Sam with details.

CRESCENT HEAD MALIBU CLASSIC 2009

BY CLIVE ROBERTS

Well, crescent was quite eventful this year. We left to go on Monday morning to get a few days of practise before the comp started. On the way we heard the road to Crescent was flooded, so we decided to go to my sisters for a couple of days. We finally arrived at Crescent on Wednesday afternoon after having a great surf at Old Bar, only to see the rural fire brigade ferrying people, boards and bags across to the other side. It was quite a sight – 4 wheel drives were making it across with a fire truck leading the convoy and one at the rear to help if anyone got into trouble. We stayed another night in Kempsey, and finally got across the next morning. In hind-sight the Club Mal boys should have stayed on the other side of the flood – we didnt surf well. But as always, Crescent is a great comp. and we had a good time catching up with old friends and making new ones.



State Longboard Titles

BY JOHN MANDYBUR



Last week in Coffs Harbour, Surfing NSW ran the 2009 State Longboard Titles and represnting Club Malnutrition were Max Boys, Erin Dark and myself. It was a good chance to catch up with Werri Beach local Paul Abbott, who now lives in Ballina.

We stayed with Steve Pennington who was the tabulator for the event in a cabin that you could definately swing a cat in, as long

as you didn't extend your arm. Max and his wife Lois had a cabin that was more like the Taj Mahal. Unfortunately, I couldn't catch up with my mate Laurie, who used to live at Werri. But Paul and I got to surf Laurie's home break of Arrawarra Point all by ourselves. We surfed some long and lovely waves until a big shark chased us out. Apparently, it had been hanging around the past two days – no wonder no one else was out. Paul hadn't been to the Coff's surf museum so I took him there, not only to be blown away by the museums content, but also to meet a surf legend Scott Dillon. We also got to surf south Sawtell with only two others out.

The first 3 days of the comp were held at Diggers Beach. Two foot left and rights were on offer and conditions were glassy, warm and sunny. A truly groovy little beach. Half way through the week, the comp was moved to Park's Beach were I stupidly missed my 4th heat! I was a little too relaxed and watching a cool surf movie with Paul. The surf was now big and mean so some of the pro's acted as caddies and helped the girls, ladies and juniors out the back and onto the right waves. Erin surfed great and truly deserved third place in the junior girls. Max also surfed fantastic in the over 60s and came in third place. A great time was had by all with alot learnt!

The First and Second Wave

Check out this book and CD featuring some local bands and none other than our own John Manydbur's "Seven Miles of Smiles" song. Tasmanian based songwriter Garry Paige book "Waltzing the Plank" now has an addition of three of his surf music tracks on the promotional CD that accompanies the book.

